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Date 00-00-09

Dear

Thank you for your recent participation in our preventative health screenings. Your results are enclosed along with explanations of each test. It is our hope that the tests have increased your knowledge of your health and well being. It is your sole responsibility to follow up with your physician concerning the test results. Please call us with any questions or concerns.

Carotid/Stroke Screening

Right
x

Left
x

Mild – a small amount of plaque is visualized in the carotid arteries. Normal blood flow velocities.

Abdominal Aortic Aneurysm

Normal- The aortic artery measures less than 3.0cm. The aorta is negative for enlargements. An aneurysm is considered when the arterial wall measures more than 3cm.

Arterial Disease

Normal-The velocities taken in your extremities indicated that your lower leg arterial blood flow was higher than the brachial artery of the arm. This indicates sufficient arterial flow of the arteries in the extremities. The extremities appear negative for peripheral arterial disease (P.A.D.). The arterial disease test was developed by the University Of Pittsburgh School Of Medicine.

Thyroid Ultrasound

Thyroid tissue appears to be of normal size and texture. Tissue appears to be negative for cysts, goiters, nodules, mass and enlargements. Suggest blood work in conjunction of ultrasound to evaluate if thyroid hormone is sufficient. (TSH, T3, T4)

Complete Abdominal Ultrasound

Liver- The liver tissue appears to be smooth and homogeneous (even-toned). The liver appeared to be negative for enlargements, cysts, or fatty infiltrations.

Gallbladder- negative for stones, gravel, sludge or polyps. Common bile duct measures within normal limitations.

Pancreas- the tissue of the pancreas appears negative for any masses, or cysts. All measurements appeared within normal limits.

Right Kidney- negative for cysts, tumors, or stones.

Left Kidney- negative for cysts, tumors, or stones.

Spleen- organ visualized appears negative for any masses, cysts, and is smooth and even-textured.

Echocardiogram

Left ventricle wall contractions are normal. Valves appear competent with no apparent prolapse, calcification or stenosis (narrowing). There are no apparent septal defects. The heart appears negative for Ventricular Hypertrophy or enlargement. The heart appears negative for pericardial effusion (fluid around the heart). Heart rate and rhythms were within normal limitations. The ejection fraction is normal 68% (55-90% normal range).

We at Prevention Plus, Inc would personally like to thank you for participating in our awareness program. The information we provide, is a vital part of your personal

prevention and well program. Your reports and films should be provided to your physician along with the status of your health to better interpret your well being. Our main focus is education and prevention.

Please keep in mind that the results of these screenings must be interpreted in the context of your clinical history. Only your physician can fully evaluate your test results and recommend a treatment plan for you. We suggest that you seek follow-up consultation for any test results that fall outside the normal range.

For additional information, questions or concerns please contact Prevention Plus, Inc. toll-free at 1-888-667-7587 (PLUS) or locally at 813-689-8909.